

Special Needs Services

The Town of Markham welcomes and encourages all residents to participate in our recreation programs. Every effort will be made for the child or adult to participate in an integrated program, or targeted service. It is important to consider the participants' ability, and the kind of activities that take place for a positive experience. If a participant requires one on one support when attending a program, a volunteer will be placed at no extra fee.

Does the participant need support?

Please consider the following when registering:

- Extra support is required at school in the classroom.
- A physical, development and/or learning disability exists that affects the safety of the participant or that of other participants.
- Extra support is needed at home for basic care such as dressing and toileting.
- Participant is currently associated with a support agency.

How do you request a volunteer?

You will need to request a volunteer by calling:

- **Aquatic programs & general programs**
Marsha Mariani, 905-944-3800 x6522
- **Fitness or aerobics:** Carol Manning, 905 294-6111 x234
- **Seniors:** Susan Watts, 905-294-0764
- **Museum or Varley Art Gallery**
Contact these locations directly, listed on page 21.
- **Library:** Diane Macklin, 905-513-7977 x3912

Please request a volunteer at least two weeks in advance of the program starting.

A volunteer may not always be available, as we interview candidates on an as needed basis. If a volunteer is not available through the Town of Markham you are welcome to provide your own. Below is a list of suggestions:

- A support worker that is provided by a social service agency or the family.
- A family member or friend.
- A care giver that is familiar with the participant's needs and abilities.

Volunteers needed!

Become a Leisure Buddy! Are you interested in making a difference in the life of a child or adult with special needs? Then this volunteer opportunity is for you. This program will link a special needs participant with a volunteer, who is committed to providing support. This program will allow the volunteer and the participant a chance to learn, have fun, and meet new people.

If you are interested in being a volunteer please register in one of our Volunteer Orientations on page 25 of the Guide. After attending the workshop applicants will be interviewed and then matched with a 'Buddy'. The Volunteer Orientations are free!

Activities Club

This active program is for young adults that have an interest in sports, and games. Participants will be programming their choice of activities week to week. Sports include: Badminton, Basketball, Dodgeball, Floor Hockey, and Soccer.

H40 Adapted Aquatics

This 30 minute program incorporates water exercise and basic learn to swim techniques for participants who require more 'hands on' assistance. H40 Adapted aquatics is volunteer driven under the supervision of a specialized instructor.

Karate - Auditory Sensitivity

This Karate class is for children with auditory sensitivity disorders commonly found in people with autism. The Karate instructor will guide the participants through beginner techniques. Children will feel empowered and leave with a sense of confidence.

Music Mania

This program is designed for children with special needs who enjoy music and its elements. This unique program is for children aged 8 - 16 who have various needs. Young musicians will have an opportunity to participate in instrument playing, movement to music, singing, improvising, song writing and listening to music. Musical opportunities will be presented in a fun, non-threatening environment.

Cooking Creations - Pre-Teen

If you are creative and love to cook, this program is for you! Let your imagination stir up something wonderful. Impress your family and friends with your culinary magic. French toast, pizza, veggie wraps, quesadillas and more will be covered. An additional \$20.00 food cost will be required.

Yoga - Adapted

This yoga program is for children and youth with special needs. A trained yoga instructor will guide you through poses and stretches.

Witness your child improve in the areas of physical, cognitive, emotional and social development. The Markham Gymnastics Club has 30 years experience coaching children of all ages and abilities.

Location:

60 Riviera Drive, Markham, Ont., L3R 5M1
Phone: 905-475-0364

Call the Club for a free assessment and class schedule.

Program Name	Age	Location	Day	Time	Begins	Classes	Code	Fee
Activities Club	16-25yrs	Thornhill C.C.	Thu	3:15 pm - 4:15 pm	Apr. 8	7	168000	\$37.50
H40 Adapted Aquatics	5+yrs	Centennial C.C.	Sat.	9:00 am - 9:30 am	Mar.27	9	167101	\$121
		Centennial C.C.	Wed	7:15 pm - 7:45 pm	Mar. 31	9	167100	\$121
Karate - Auditory Sensitivity	8-14yrs	Markham Village C.C.	Sat	12:30 pm - 1:30 pm	Apr. 10	8	170286	\$45.50
Music Mania	8-16yrs	Angus Glen C.C.	Mon	6:00 pm - 7:00pm	Apr. 12	6	168252	\$46
Cooking Creations - Pre-Teen	11-14yrs	Armadale C.C.	Mon	7:30 pm - 9:00 pm	Apr. 12	8	169916	\$67.50
Yoga - Adapted	11-18yrs	Thornhill C.C.	Fri	6:00 pm - 7:00 pm	Apr. 16	8	168427	\$79

Town of Markham Aquatic Accessibility

Location	Type	Entrance and Exit	Changeroom	°F
Angus Glen Pool 3990 Major Mackenzie Dr. 905-944-3777 x7111	Tank: 6 lane x 25m, Teach/Leisure pool, Splash play area	Main Pool: ramp access Leisure Pool: ramp access Splash area: no stairs	All 3 changerooms have wheelchair accessible washrooms, cubicles, and shower areas. Cubicles include benches. Family Change-room has one adult change bench.	Main: 85° Leisure: 92°
Centennial Pool 8600 McCowan Rd. 905-294-6111 x233	Tank, Dive Well, Baby Pool	Main Pool: portable wheelchair lift, removable ladder.	Family changeroom has designated cubicle with hydraulic change table. Wheelchair accessible washrooms and shower area.	Main: 82° Baby: 88°
Milliken Mills Pool 7600 Kennedy Rd. 905-477-6410 x3328	Main Pool (25m x irregular shaped pool), Water-powered slide, baby pool	Main Pool: wheelchair used to transport candidate into the water via ramps, low-depth steps with a large platform on each step.	Accessible changeroom have the following: Cubicle stalls (1), one bench (1), washroom stalls (1), shower area (1). There is no family change room in this facility.	Main: 86° Baby: 90°
Thornlea Pool 8075 Bayview Ave. 905-889-0766	Tank	Wheelchair Lift	New accessible changeroom. Change stalls in all changerooms. Accessible change stalls in family/accessible changeroom. Hydraulic lift for pool entering. Ramp access into building.	Main: 82°
Thornhill Therapeutic Pool 7755 Bayview Ave. 905-944-3800	Therapy Pool	Ramp	All are accessible washrooms and shower stalls. Water wheelchair available for use, connects directly to the pool deck.	Therapy: 93°