


Pool	Day	Lane Swim	Parent & Tot	Rec Swim	Older Adult AquaFit	AquaFit	Note	
Milliken Mills Pool June 15 - Sept. 6, 2010 	Mon.	6:30-8:00 a.m. 10:00-1:00 p.m. 8:45-10:00 p.m.	10:00-1:00 p.m.			8:00-8:45 p.m. (begins Jul. 5)	* Ladies only Older Adult AquaFit: Older Adults (55 and older) PA days: Rec. Swim: 1:00 - 2:30 p.m. Holiday Hours: Lane Swim/Parent & Tot: 1:00 p.m. - 2:00 p.m. Rec Swim: 2:00 p.m. - 4:00 p.m.	
	Tue.	6:30-8:00 a.m. 11:00-1:00 p.m. 2:30-4:00 p.m. 8:30-10:00 p.m.	10:00-1:00 p.m. 2:30-4:00 p.m.	7:00-8:30 p.m.	10:00-11:00 a.m.	9:15-10:00 a.m.		
	Wed.	6:30-8:00 a.m. 10:00-1:00 p.m. 8:45-10:00 p.m.	10:00-1:00 p.m.			8:00-8:45 p.m.* (begins Jul. 5)		
	Thu.	6:30-8:00 a.m. 11:00-1:00 p.m. 8:30-10:00 p.m.	10:00-1:00 p.m.	7:00-8:30 p.m.	10:00-11:00 a.m.	9:15-10:00 a.m. (Ladies Only)		
	Fri.	6:30-8:00 a.m. 10:00-1:00 p.m. 2:30-4:00 p.m. 9:00-10:00 p.m.	10:00-1:00 p.m. 2:30-4:00 p.m.	7:00-9:00 p.m.	Holiday Hours: Thur., Jul.1, Mon., Aug. 2, & Sep. 6 Lane Swim: 1:00 - 2:00 p.m. Rec Swim: 2:00 - 4:00 p.m.			
	Sat.	7:30-9:00 a.m.	7:30-9:00 a.m.	2:00-4:00 p.m.				
	Sun.	7:30 - 9:00 a.m. 8:00 - 9:30 p.m.	7:30-9:00 a.m. 8:00-9:30 p.m.	2:00-4:00 p.m. 6:30-8:00 p.m.*				