

# BASKETBALL

## RULES + REGULATIONS



For schedules & standings please visit [www.markham.ca/leagues](http://www.markham.ca/leagues) or [@MarkhamSportsLeagues](https://www.instagram.com/MarkhamSportsLeagues)

## GENERAL RULES

- **Online Team Roster Form:** Each player on a team must be represented on the team roster form.
- Verbal or physical abuse will not be tolerated. Do not taunt or bait opponents and refrain from using foul or abusive language.
  - VIOLATIONS WILL RESULT IN YOUR AUTOMATIC REMOVAL FROM THE GAME AND POSSIBLE REMOVAL FROM THE LEAGUE
- All games will be officiated by York Region Basketball Officials.
  - **Verbal or physical abuse of officials will not be tolerated under any circumstances, and will result in your removal from the league.**
- The referee has final decision in all matters.

## LEAGUE RULES

### 1. Game format

- a. All teams will play one 40-minute game per week with 2 Minute Half-Time
- b. Games will consist of 2, 20 minute running time halves. The final minute of regulation will be considered stop-time if the score is 6 points or less at, or below the 2 minute mark.
- c. If the game is tied at the end of regulation, one 2-minute overtime period will be allocated to determine a winner. The overtime will be considered stop-time if the score is 6 points or less.
- d. If game is tied after triple overtime period, teams will alternate free throws (different shooter each time) until one-team makes and one-team misses.
- e. Teams are allowed two 30 second time outs per game. Teams competing in overtime games will be granted 1 timeout each. Regulation game time outs will not carry over.
  - i. Time outs must be called by a player on the court or on the bench.
- f. Final weeks will be used for Championship and Consolation Playoffs.

### 2. Game Rules

- a. Foul shots will be 1+ BONUS at the 6<sup>th</sup> team foul. Foul Shots will be DOUBLE BONUS at the 8<sup>th</sup> team foul.
  - i. Offensive fouls do not equate to shots if the team is in penalty.

### 3. Player Rules

- a. All players must complete the team waiver process by 4pm prior to participation. Players who have not are ineligible. Games players with ineligible players will result in a forfeit.

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- b. All players on a teams' roster must **play a minimum 50% of regular season games** in order to be eligible to play in the playoffs. Exceptions to the rule may be permitted for valid medical reasons submitted to the programs supervisor for review.
- c. New players may be added up until the 50% mark of the regular season games.
- d. Injured players may be replaced at the League Supervisors discretion but must be removed from the team's roster to add the new player. **Injuries must be reported to the league Facilitator Immediately.**
- e. Players must have a clear number on the back of their jersey. **Taped on numbers are not permitted.**
  - i. Players must be wearing a team jersey by the 4<sup>th</sup> game of the season. A team technical foul will be assessed, if brought to the referees before the start of the game.
- f. Teams must start the game with a minimum of 5 players.
  - i. The game clock will start at the schedule game time and a 10-minute grace period will commence.
  - ii. 1 point per minute missed until the 10-minute mark, which will result in an immediate forfeit. There will be no exceptions if the team is unable to field 5 players prior to the commencement of the grace period
  - iii. If the 5th player arrives, the opposing team will begin the game with first possession, a delay of game warning will be enforced on the late team; meaning the next delay of game warning is another technical foul
- g. Teams may only substitute at stoppages of play.
- h. Players will Foul Out on their 5<sup>th</sup> Personal Foul
- i. Players receiving 3 personal technical fouls in any Markham Sport League will receive a minimum 1 game suspension

#### 4. Playoffs

- a. Standings: Tiebreakers will be determined using the following criteria
  - I. Head to Head
  - II. Plus – Minus point differential
- b. Game Rules for Playoffs
  - I. Technical fouls from the season do not carry over into the playoffs
  - II. Both teams will be granted 1 overtime time-out
  - III. Games will consist of two 20 minute running time halves. The final two minutes of regulation will be considered stop-time if the score is 6 points or less at, or below the 2 minute mark.
  - IV. If the game is tied at the end of regulation, a 2 minute overtime period will be allocated to determine a winner. The overtime will be considered stop-time if the score is 6 points or less. Overtime periods will continue until a winner is decided.

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### PLAYER MISCONDUCT

Suspensions are applicable to the sport played. Players will not be permitted to participate in any other City of Markham League.

| Section                       | #    | Description of Misconduct  | First Offence   | Second Offence        | Third Offence                |
|-------------------------------|------|--|---|-----------------------|------------------------------|
| <b>Dismissals</b>             | 1.1  | Receiving two technical in the same game for which neither of the warnings was directed at the game official(s).   | Removal from game.  | 1 game suspension     | 3 game suspension            |
|                               | 1.2  | Receiving two technical in the same game where at least one of the warnings was directed at the game official(s).  | Removal from game.  | 4-game suspension     | 8-game suspension            |
|                               | 1.3  | Using offensive, insulting or abusive language and/or gestures directed at anyone other than the game official   | 1-game suspension   | 3-game suspension     |                              |
|                               | 1.4  | Using offensive, insulting or abusive language and/or gestures directed at the game official   | 3-game suspension   | 6-game suspension     |                              |
|                               | 1.5  | Continuing to use offensive, insulting or abusive language and/or gestures directed at the game official after having been dismissed for such action in the area of play | 6-8 game suspension   | 8-11 game suspension  |                              |
|                               | 1.6  | Serious Foul Play  | 1-game suspension   | 4-game suspension     |                              |
|                               | 1.7  | Serious Foul Play or Violent Conduct with the intent to injure or demonstrating complete disregard for safety of opponent  | 4-8 game suspension   | 8-11 game suspension  | 1 year suspension            |
|                               | 1.8  | Spitting at opponent or any other person   | 4-game suspension   | 8-game suspension     |                              |
|                               | 1.9  | Receiving three dismissals in one season   | Suspension until a discipline hearing is conducted by the Community Program Supervisor. |                       |                              |
|                               | 1.10 | Participating in activity while suspended  | 6-11 month suspension   | 1-3 year suspension   | 1-5 year suspension          |
|                               | 1.11 | Knowingly playing as an ineligible player  | 1-game suspension   | 4-game suspension     | Season suspension            |
| <b>Game Official Assault</b>  | 2.1  | Game Official Assault  |   |                       |                              |
|                               | 2.1A | Type A: Deliberate physical contact (pushing, charging, etc.) or attempted physical contact or threatening   | 6-12month suspension  | 2 year suspension     | Banned from league           |
|                               | 2.2B | Type B: Striking, spitting, kicking, or any form of violent conduct, or attempted violent conduct  | 1-5 year suspension   | Banned from league    | Banned from all City Leagues |
| <b>Fighting/ Disobedience</b> | 3.1  | Instigating or participating in fights with another team before, after or during a game  | 1-3 month suspension  | 3-11 month suspension | 1-3 year suspension          |

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