

# Swimming Drop-In Activities



Angus Glen Community Centre: Spring (March 16 to June 26, 2020)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lane Swim	6:30 AM to 8:00 AM 11:00 AM to 1:00 PM	6:30 AM to 8:30 AM 11:00 AM to 1:00 PM 8:00 PM to 9:30 PM	6:30 AM to 8:00 AM 12:30 PM to 2:30 PM 9:00 PM to 10:00 PM	6:30 AM to 8:30 AM 12:30 PM to 2:30 PM 8:00 PM to 9:30 PM	6:30 am to 8:00 AM 11:00 AM to 1:00 PM	7:30 AM to 9:00 AM Noon to 1:30 PM	7:30 AM to 9:00 PM
Parent and Tot Swims	6:30 AM to 8:00 PM 10:00 AM to 1:00 PM	6:30 AM to 8:30 AM 11:00 AM to 1:00 PM 8:00 PM to 9:30 PM	6:30 AM to 8:00 AM 12:30 PM to 2:30 PM 4:00 PM to 5:00 PM	6:30 AM to 8:30 AM 12:30 PM to 2:30 PM 4:00 PM to 5:30 PM 8:00 PM to 9:30 PM	6:30 AM to 8:00 AM 11:00 AM to 1:00 PM	7:30 AM to 9:00 AM Noon to 1:30 PM	7:30 AM to 9:00 AM
Public Swim	7:00 PM to 8:30 PM				7:00 PM to 9:00 PM	7:00 PM to 9:00 PM	1:00 PM to 3:00 PM
Older Adult Aquafit	9:00 AM to 10:00 AM		9:00 AM to 10:00 AM		9:00 AM to 10:00 AM		
Aquafit – Deep Water	8:00 AM to 8:45 AM		8:00 AM to 8:45 AM		8:00 AM to 8:45 AM		
Aquafit – Shallow	10:00 AM to 10:45 AM 8:30 PM to 9:15 PM		10:00 AM to 10:45 AM 8:30 PM to 9:15 PM		10:00 AM to 10:45 AM		

Cancellations: Wednesday, March 24 (Maintenance); Friday, April 10 (Good Friday); Monday, May 18 (Easter Monday)

Notes:

(Updated: 2/25/2020)