

# JUNE 2019 FREE COMMUNITY WORKSHOPS

SUN MON TUE WED THU FRI SAT

|                                                             |    |    |                                                              |    |    |    |    |
|-------------------------------------------------------------|----|----|--------------------------------------------------------------|----|----|----|----|
|                                                             |    |    |                                                              |    |    |    | 01 |
| 02                                                          | 03 | 04 | 05                                                           | 06 | 07 | 08 |    |
| Anger Management and Emotional Regulation<br>7:00 - 9:00 pm |    |    | Diabetes and Your Feet<br>6:30 - 7:30 pm                     |    |    |    |    |
| 09                                                          | 10 | 11 | 12                                                           | 13 | 14 | 15 |    |
| 16                                                          | 17 | 18 | 19                                                           | 20 | 21 | 22 |    |
| Canada Day Paper Hat Workshop<br>7:00 - 8:30 pm             |    |    | Act Early! Child Development Workshop<br>10:00 am - 12:00 pm |    |    |    |    |
| 23                                                          | 24 | 25 | 26                                                           | 27 | 28 | 29 |    |
| 30                                                          |    |    |                                                              |    |    |    |    |

Preparing for Summer:  
Youth and Teen Safety

7:00 - 9:00 pm