

MAY 2019 FREE COMMUNITY WORKSHOPS

SUN MON TUE WED THU FRI SAT

				01	02	03	04
			Diabetes 101 in Urdu and Hindi 3:30 - 5:00 pm	Disability Film Festival 6:30 - 8:30 pm			
05	06	07	08	09	10	11	
	Meditation Workshop 6:30 - 8:00 pm			Diabetes and Nutrition 6:30 - 7:30 pm			
12	13	14	15	16	17	18	
	Paper Flower Craft Workshop 7:00 - 8:30 pm			Money Smart 101 7:00 - 8:30 pm			
19	20	21	22	23	24	25	
				Purchasing Insurance in Ontario (Mandarin) 6:30 - 8:30 pm			
26	27	28	29	30	31		
	Supporting People with Intellectual Disabilities 6:30 - 7:30 pm			Dementia and Keeping a Healthy Brain 6:30 - 8:00 pm			

