

ART - Growing Creativity - Art Portfolio Development



Suitable for high-school students interested in pursuing post-secondary studies in a creative field, this course will develop a fundamental base for a winning portfolio that starts with drawing fundamentals such as figurative drawing, gestures drawing and still life. Students will be introduced to colour theory and present various painting techniques to demonstrate an in-depth understanding of artist mediums. Students will be encouraged to participate in group discussions as a way to develop critical language and self-critique. *Most materials provided. Classes are based at the McKay Art Centre with an opportunity to study the Varley Art Gallery's collection.*

Basketball Level 2 - Children



Come join us in this intermediate/advanced basketball program, building on the fundamentals while using fitness training to increase players' basketball skills. Participants work on strength and conditioning, footwork, agility, reaction and ball handling. Along with basketballs, players utilize strength and agility equipment.

Cooking for Teens

Join us for a fun time in the kitchen with your friends! Participants will learn how to create healthy fast recipes for themselves, friends and even their family.

DJ'ing 101

Come and join us to learn how to count beats, mix music and explore new musical genres. The course focuses on technical aspects of mixing, scratching, and use of equipment, with an emphasis on music that exists beyond commercial hits.

Drumming

Our qualified instructor leads you through basic drumming skills to enable you to play along with your favourite songs. The 4:1 student-to-instructor ratio ensures one-on-one time in a small group setting. *Electronic drums are provided.*

High Five: Healthy Child Development

High Five, Quality at Play program is committed to assisting children along the path of healthy child development. High Five has been designed to promote the safety, well-being and healthy development of children. *This one-day leadership course is mandatory for anyone interested in working for City of Markham summer camps and/or seasonal programs.*

Mix Fitness Fun



This program provides a fun variety of fitness classes for Teens such as, cycling, muscle conditioning, running, zumba and circuit training. Focusing on the quality of exercise experience to develop positive behaviours and healthy life style.

Museum Pottery - May the Fourth Pottery Mugs



Light sabers, stars and spaceships! Use the Force to create your own Jedi-themed pottery mug. Perfect for fans of all ages. Spend some quality time in our exciting pottery studio in a galaxy not so far away! *Includes supplies and firing for one mug.*

Museum Pottery - Wheel for TEENS!



Teens will work on the pottery wheel exploring different techniques such as centering, making handles & lids. During the 6 week program, teens will work on various forms including bowls, plates and mugs. Together with our professional artist instructors, participants will also get to decorate and glaze their work before being fired. *Includes all supplies and firing costs.*

Museum Pottery: Get Centered TEENS



One of our most popular workshops, now offered for Teens! Learn how to use the pottery wheel and create pinch pots in a fun and exciting workshop led by our professional pottery instructor. State-of-the-art studio features new pottery wheels and all supplies needed to create unique art work! *Includes all supplies and firing.*

Shoot Wrestling and Kung Fu: Youth



Learn self-defense and the fundamentals of sword, spear, boxing, and wrestling through Eastern style martial arts and a games-based learning system. Exercise and play through a variety of activities that develop strength and agility. Safety and fun are emphasized.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
ART - Growing Creativity - Art Portfolio Development	14 - 18 yrs	McKay Art Centre	Mon.	4:00 p.m. - 6:30 p.m.	Apr. 8	8	337576	\$274
Basketball Level 2	6 - 10 yrs	Armadales C.C.	Fri.	5:00 p.m. - 6:30 p.m.	Mar. 29	12	342808	\$103.49
	6 - 10 yrs	Armadales C.C.	Sun.	10:00 a.m. - 11:30 a.m.	Mar. 31	14	342809	\$103.49
	13 - 17 yrs	Armadales C.C.	Wed.	5:30 p.m. - 6:30 p.m.	Mar. 27	13	342766	\$127.03
Cooking for Teens	13 - 17 yrs	Centennial C.C.	Mon.	7:30 p.m. - 9:00 p.m.	Mar. 25	11	342970	\$205.44
Drumming	14 yrs+	Milliken Mills C.C.	Sun.	5:45 p.m. - 6:30 p.m.	Mar. 24	12	338827	\$183.34
High Five: Healthy Child Development	15 yrs+	Aaniin C.C.	Sun.	9:30 a.m. - 4:30 p.m.	Apr. 28	1	341429	\$94.31
		Aaniin C.C.	Sun.	9:30 a.m. - 4:30 p.m.	May. 26	1	341436	\$94.31
		Angus Glen C.C.	Fri.	9:00 a.m. - 4:00 p.m.	May. 3	1	338368	\$94.31
		Armadales C.C.	Sat.	9:00 a.m. - 4:00 p.m.	Apr. 6	1	342817	\$77.26
		Armadales C.C.	Sat.	9:00 a.m. - 4:00 p.m.	Jun. 1	1	342818	\$77.26
		Thornhill C.C.	Sat.	9:00 a.m. - 4:00 p.m.	Apr. 20	1	339510	\$94.31
Mix Fitness Fun	11 - 15 yrs	Thornhill C.C.	Wed.	7:00 p.m. - 8:00 p.m.	Mar. 27	12	339569	\$143.35
Museum Pottery - May the Fourth Pottery Mugs	10 - 17 yrs	Markham Museum	Sat.	1:00 p.m. - 3:00 p.m.	May. 4	1	341592	\$40
Museum Pottery - Wheel for TEENS!	13 - 17 yrs	Markham Museum	Tue.	4:00 p.m. - 6:00 p.m.	May. 21	6	341591	\$220
Museum Pottery: Get Centered TEENS	12 - 17 yrs	Markham Museum	Sun.	4:00 p.m. - 6:00 p.m.	May. 5	1	341439	\$40
		Markham Museum	Sat.	10:00 a.m. - 12:00 p.m.	Jun. 15	1	341440	\$40
Shoot Wrestling and Kung Fu: Youth	10 - 16 yrs	Rouge River C.C.	Sat.	11:00 a.m. - 12:30 p.m.	Mar. 23	13	342734	\$175.15
	13 - 17 yrs	Rouge River C.C.	Tue.	8:00 p.m. - 9:00 p.m.	Mar. 26	13	342732	\$108.81
		Rouge River C.C.	Thu.	8:00 p.m. - 9:00 p.m.	Mar. 28	13	342733	\$108.81

Tennis: Level 1

This basic recreational tennis program is designed for teens interested in the game of tennis. Progressive Tennis is the teaching method and is used as a development tool to allow teens to improve their overall tennis skills faster.

Tennis: Level 2

Ideal for those who have taken previous tennis lessons and have been encouraged by their coach to register in Level 2. Players continue to work on the fundamental movement skills of agility, running, balance, jumping, coordination and forehand. *Participants in this level must be able to hit the ball using forehand and understand positioning.*

Tennis - Level 3

Tennis Level 3 focuses on participants who have mastered their skills in Level 2 and are looking to further their knowledge. The focus on physical literacy continues, along with introducing hitting with intent projection on shots. More advanced strategies are incorporated. *Players in this level must be able to rally consistently 10 balls in a row using Forehand, Backhand, and Volley.*

Ultimate Frisbee (Indoors)

Ultimate is a team sport played with a flying disc. The object of the game is to score points by passing the disc to a player in the opposing end zone, similar to an end zone in American football. It's an incredibly fun and active sport. *No experience necessary.*

Ultimate Frisbee Tournament

A full day of ultimate Frisbee! Get a team together and compete to be labelled the best in Markham. *Each team must have at least 3 females with at least 2 on the field at any time. Cost is per person.*

Yoga For Teens

Yoga exercises gently strengthen the body, increase flexibility, improve posture, increase lung capacity and build body awareness and self-confidence. *The course is designed for students at all levels of physical ability. Wear comfortable clothing and bring your own yoga mat to class.*

Youth Fitness

This program provides an introduction to fitness training principles, equipment demonstration and nutrition education in a fully supervised environment. Participants learn safe and effective ways to exercise as well as have an opportunity to develop the basis of an active and healthy life style. They have access to cardiovascular and weight training equipment. *Participants in the program have access to the fitness centre only during the program time.*

Youth Job Search Workshop

Looking for a job is hard! Let us help you! Have you been applying to jobs and not getting any responses? The youth employment workshop will help you to create your resume, uncover exciting job search strategies and ace your next interview. If you are a youth between 15 - 29, have limited or no work experience, and looking for work, come join us at our youth employment workshop to learn all the tools of finding a job! *This workshop is sponsored by JVS Employment Centre*



WHY VOLUNTEER WITH THE CITY OF MARKHAM?

- Meet new friends and network
- Make a difference in your city
- Share or learn a new skill
- Get active and healthy
- Gain experience

WHO SHOULD VOLUNTEER?

Everyone! - There is a role for all ages, families, and newcomers in our programs and events!

SIGN UP TODAY!

MARKHAM.CA/VOLUNTEERING



General Programs

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Tennis: Level 1	14 - 17 yrs	Angus Glen Tennis Centre	Thu.	7:00 p.m. - 8:00 p.m.	Mar. 28	13	341505	\$159.84
		Angus Glen Tennis Centre	Fri.	6:00 p.m. - 7:00 p.m.	Mar. 29	12	341515	\$143.35
Tennis: Level 2	14 - 17 yrs	Angus Glen Tennis Centre	Thu.	6:00 p.m. - 7:00 p.m.	Mar. 28	13	341857	\$159.84
Tennis Level 3	11 - 16 yrs	Angus Glen Tennis Centre	Mon.	5:00 p.m. - 6:00 p.m.	Mar. 25	11	341513	\$135.40
Yoga For Teens	11 - 18 yrs	Angus Glen C.C.	Wed.	5:30 p.m. - 6:30 p.m.	Mar. 27	13	339688	\$126.33
		Centennial C.C.	Sat.	11:30 a.m. - 12:30 p.m.	Mar. 23	13	342529	\$126.33
		Centennial C.C.	Tue.	7:00 p.m. - 8:00 p.m.	Mar. 26	13	342528	\$126.33
Youth Fitness	12 - 16 yrs	Aaniin C.C.	Mon.	3:45 p.m. - 4:45 p.m.	Mar. 18	8	341120	\$68.93
		Aaniin C.C.	Wed.	3:45 p.m. - 4:45 p.m.	Mar. 20	8	341121	\$68.93
		Centennial C.C.	Tue.	4:00 p.m. - 5:00 p.m.	Mar. 19	8	341118	\$68.93
		Cornell C.C.	Thu.	4:00 p.m. - 5:00 p.m.	Mar. 21	8	341119	\$68.93
		Thornhill C.C.	Thu.	4:15 p.m. - 5:15 p.m.	Mar. 21	8	341122	\$68.93
Youth Job Search Workshop	14 yrs+	Thornhill C.C.	Sun.	12:00 p.m. - 1:00 p.m.	Mar. 24	8	341123	\$68.93
		Aaniin C.C.	Fri.	4:00 p.m. - 5:30 p.m.	Apr. 5	1	342841	FREE

Help run Youth
Week events,
dances, youth
conferences,
food drives
and more!



Markham Youth Council

Grades 9-12

Located at Centennial C.C.

Contact: **Lindsay Bontoft**

lbontoft@markham.ca

Junior Markham Youth Council

Grades 6-8

Located at Cornell C.C. & L.

Contact: **Mark Diestl**

mdiestl@markham.ca

Milliken Mills Youth Council

Grades 9-12

Located at Milliken Mills C.C. & L.

Contact: **Claire Nicholson**

cnicholson@markham.ca

Thornhill Youth Council

Grades 9-12

Located at Thornhill C.C. & L.

Contact: **Kayla Martins**

kmartins@markham.ca

Unionville Youth Council

Grades 8-12

Meets at Crosby C.C.

Contact: **Don Roe**

droe@markham.ca

YOUTH COUNCILS

Get involved in your community by joining one of Markham's youth councils. It's a great way to meet new people and have fun organizing events. Represent the youth community City-wide as part of the Markham Mayor's Youth Council (MMYC) or join a dynamic area-specific council that addresses the needs of youth closer to home.



A group of diverse and dedicated teens that provide local youth with a voice by providing input and developing initiatives that enhance youth opportunities within the City. The MMYC is dedicated to raising awareness and celebrating youth, as well as being a catalyst for change.

The MMYC is a branch of Markham Council run by youth. Members consist of the Mayor, Members of Council and youth from across the City.

Visit markham.ca for more information, or call 905-477-7000 x3930